



Cross Roads Child Nutrition Services
School Year 2020-2021
Breakfast Menu
Offer vs. Serve

Breakfast Menu
**indicates menu items for Pre-K students.*
 Pre-K can only be served juice once per day over all meals and snacks. Only unflavored 1% & fat-free milk can be served to Pre-K. Offer vs. Serve is not allowed for Pre-K.
Menus subject to change.
 Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 17-Aug. 21 Sept. 28-Oct. 2 Nov. 9-13 Jan. 11-15 Feb. 22-26 Apr. 12-16	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancake Wrap Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Cinnamon Roll <i>(*Biscuit Pre-K)</i> Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 24-28 Oct. 5-9 Nov. 16-20 Jan. 18-22 Mar. 1-5 Apr. 19-23	Pancakes Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Sunrise Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Oatmeal Cinnamon Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 31- Sept. 4 Oct. 12-16 Nov. 30- Dec. 4 Jan. 25-29 Mar. 8-12 Apr. 26-30	Sausage Kolache Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheese Omelet Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Waffles Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Donut or Donut Holes <i>(*French Toast - Pre-K)</i> Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 7-11 Oct. 19-23 Dec. 7-11 Feb. 1-5 Mar. 22-26 May 3-7	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Spice Muffins Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 14-18 Oct. 26-30 Dec. 14-18 Feb. 8-12 Mar. 29- Apr. 2 May 10-14	Waffles Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheesy Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Sausage, Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 21-25 Nov. 2-6 Jan. 4-8 Feb. 15-19 Mar. 5-9 May 17-21	Sausage Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Combo Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Waffles 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk
Only offered to:	KG-12th	KG-12th	KG-12th	KG-12th	KG-12th
Offered Weekly	WGR Cereal Variety Toast	WGR Cereal Variety Toast	WGR Cereal Variety Toast	WGR Cereal Variety Toast	WGR Cereal Variety Toast

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.