



Cross Roads Child Nutrition Services
 School Year 2017-2018
 Grades 9-12
 Food Based Menu Planning
 Offer vs. Serve

Offered daily: Salad Entrée Choice, ½ c. Fresh Fruit Bowl and/or ½ c. Assorted 100% Fruit Juice.

Second visit, all food items are À la carte price.

Student Lunch: \$2.40

Adult / Visitor Lunch \$3.50

Menus subject to change

Check school calendar for scheduled student holidays/early release days.

| Cycle Week 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|---|
| Aug. 28-Sept. 1 Oct. 9-13 Nov. 20-24 Jan. 1-5 Feb. 12-16 Mar. 19-23 Apr. 30-May 1 | Enchiladas Spanish Rice Charro Beans Seasoned Corn Salsa Sliced Seasonal Fruit Fruit Crisp Milk Variety | Meatball Sub Sandwich Potato Rounds Fresh Veggie Cup Mixed Fruit Milk Variety | Chicken Nuggets Mac and Cheese Savory Green Beans Garden Salad Apple Slices Milk Variety | Pizza Choice Seasoned Corn Red Pepper Strips or Tiny Tomato cup Fruity Gelatin Milk Variety | Hamburger/Cheeseburger Hamburger Garnish Cucumber Slices Baby Carrots Cinnamon Applesauce Cookie Milk Variety |
| Cycle Week 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Sept. 4-8 Oct. 16-20 Nov. 27-Dec. 1 Jan. 8-12 Feb. 19-23 Mar. 26-30 May 7-11 | Steak Fingers Gravy Mashed Potatoes Carrot Coins Roll Strawberries Milk Variety | Spaghetti Bowl Breadsticks Garden Salad California Blend Veg. Fruit Cup Chocolate/Vanilla Pudding Milk Variety | Texas Chili Cornbread Celery Sticks Carrot Sticks Orange Smiles Brownie Milk Variety | Mexican Combo Plate Spanish Rice Mexicali Corn Refried Beans Salsa Peaches Milk Variety | Popcorn Chicken Roll Broccoli Bites Oven Fries Fresh Seasonal Fruit Milk Variety |
| Cycle Week 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Sept. 11-15 Oct. 23-27 Dec. 4-8 Jan. 15-19 Feb. 26-Mar. 2 Apr. 2-6 May 14-18 | Pizza Choice Baby Carrots Seasoned Corn Fresh Grapes Cookie Milk Variety | Frito Pie Fresh Veggie Cup Charro Beans Salsa Apple-Pineapple D'Lite Milk Variety | Chicken Nuggets Mashed Potatoes Garden Salad Tuscan Vegetables Roll Pears Milk Variety | Hamburger/Cheeseburger Hamburger Garnish Oven Fries Baby Carrots Orange Smiles Milk Variety | Pulled Pork Sliders Coleslaw Multi Grain Chips Savory Green Beans Chilled Pineapple Milk Variety |
| Cycle Week 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Sept. 18-22 Oct. 30-Nov. 3 Dec. 11-15 Jan. 22-26 Mar. 5-9 Apr. 9-13 May 21-25 | Oven Roasted Chicken Broccoli Bites Roll Baked Beans Apple-Pineapple D'Lite Milk Variety | Nachos Grande Refried Beans Salsa Tiny Tomato Cup Cucumber Slices Peaches Lime Sherbet Cup Milk Variety | Chicken Sandwich Oven Fries Fresh Veggie Cup Mandarin Oranges Milk Variety | Asian Bowl Eggroll Garden Salad Fruity Gelatin Milk Variety | Pizza Choice Baby Carrots Crunchy Broccoli Salad Fresh Seasonal Fruit Brownie Milk Variety |
| Cycle Week 5 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Sept. 25-29 Nov. 6-10 Dec. 18-22 Jan. 29-Feb. 2 Mar. 12-16 Apr. 16-20 May 28-31 | Country Fried Steak Gravy Mashed Potatoes Okra Roll Strawberry Cup Milk Variety | Meat & Cheese Chalupas Spanish Rice Salsa Zesty Cucumbers Refried Beans Applesauce Milk Variety | Chicken Tenders Texas Toast Gravy Broccoli Sweet Potato Fries Mixed Fruit Crispy Cereal Treat Milk Variety | Chicken Spaghetti Breadsticks Garden Salad Carrots Apple Slices Milk Variety | Fish Sticks Mac and Cheese Coleslaw Savory Green Beans Orange Smiles Milk Variety |
| Cycle Week 6 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Oct. 2-6 Nov. 13-17 Dec. 25-29 Feb. 5-9 Mar. 19-23 Apr. 23-27 | Texas Basket Fresh Veggie Cup Mixed Fruit Milk Variety | Tex-Mex Stack Spanish Rice Charro Beans Salsa Tiny Tomato Cup Hot Cinnamon Apples Milk Variety | Chicken Alfredo Breadsticks Tuscan Vegetables Garden Salad Peaches Cookie Milk Variety | Country Pot Pie Broccoli Bites Fresh Veggie Cup Snowball Salad Milk Variety | Bobcat Bowl Roll Savory Green Beans Apple Slices Milk Variety |

Extra Entrée: \$1.50 Extra Vegetable: .75 Extra Juice: .75 Extra Fruit: .75 Extra Milk: .50

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