



Cross Roads Child Nutrition Services
 School Year 2021-2022
 Grades 9-12
 Food Based Menu Planning
 Offer vs. Serve

Offered daily: Salad Entrée or Sandwich Choice

Second visit, all food items are À la carte price.

Adult / Visitor Lunch \$3.40

Menus subject to change

Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 16-Aug. 20 Sept. 27- Oct. 1 Nov. 8-12 Jan. 10-14 Feb. 21-26 Apr. 11-15	Meatball Sub Spinach Baby Tomatoes Mixed Fruit Milk Variety	Enchiladas Spanish Rice Pinto Beans Corn Salsa Seasonal Fruit Milk Variety	Chicken Nuggets Mac and Cheese Green Beans Garden Salad Apple Slices Milk Variety	Pizza Choice Cali. Blend Veggie Red Pepper Strips Fresh Seasonal Fruit Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Oven Fries Baby Carrots Cinnamon Applesauce Milk Variety
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 23-27 Oct. 4-8 Nov. 15-19 Jan. 17-21 Feb. 28- Mar. 4 Apr. 18-22	Popcorn Chicken Roll Broccoli Bites Ranch Style Beans Fresh Seasonal Fruit Milk Variety	Tacos Spanish Rice Red Bell Peppers Refried Beans Salsa Peaches Milk Variety	Spaghetti Breadsticks Salad Cali. Blend Veggie Fruit Cup Milk Variety	Steak Fingers Roll & Gravy Mashed Potatoes Carrot Coins Strawberries Milk Variety	Hot Dogs Celery Sticks Oven Fries Orange Smiles Milk Variety
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 30- Sept. 3 Oct. 11-15 Nov. 29- Dec. 3 Jan. 24-28 Mar. 7-11 Apr. 25-29	Pizza Choice Baby Carrots Corn Fresh Grapes Milk Variety	Crispitos Cucumber Slices Pinto Beans Apples Milk Variety	Chicken Nuggets Kidney Beans Garden Salad Roll Pears Milk Variety	Taco Soup Garden Salad Combread Fresh Seasonal Fruit Milk Variety	Pulled Pork Sliders Oven Fries Green Beans Coleslaw Multi Grain Chips Chilled Pineapple Milk Variety
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 6-10 Oct. 18-22 Dec. 6-10 Jan. 31- Feb. 4 Mar. 21-25 May 2-6	Chicken Legs Broccoli Bites Roll Baked Beans Apples Milk Variety	Nachos Grande Refried Beans Salsa Baby Tomatoes Cucumber Slices Peaches Milk Variety	Corn Dogs Baked Beans Cucumber Slices Applesauce Cup Milk Variety	Asian Bowl Eggroll Garden Salad Fresh Seasonal Fruit Milk Variety	Chicken Sandwich Oven Fries Mashed Sweet Potatoes Mandarin Oranges Milk Variety
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 13-17 Oct. 25-29 Dec. 13-17 Feb. 7-11 Mar. 28- Apr. 1 May 9-13	Chicken Spaghetti Breadsticks Garden Salad Carrots Apple Slices Milk Variety	Walking Tacos Pinto Beans Garden Salad Fresh Seasonal Fruit Milk Variety	Chicken Tenders Texas Toast Gravy Broccoli Sweet Potato Fries Mixed Fruit Milk Variety	Country Fried Steak Gravy Mashed Potatoes Okra Roll Strawberries Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Oven Fries Baby Carrots Oranges Milk Variety
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 20-24 Nov. 1-5 Jan. 3-7 Feb. 14-18 Apr. 4-8 May 16-20	Pizza Choice Broccoli Baby Carrots Fresh Seasonal Fruit Milk Variety	Burrito Refried Beans Corn Fresh Seasonal Fruit Milk Variety	Bobcats Bowl Roll Green Beans Apple Slices Milk Variety	Chili Cheese Dogs Baked Beans Garden Salad Fresh Seasonal Fruit Milk Variety	Chicken Sandwich Oven Fries Baby Tomatoes Mandarin Oranges Milk Variety

**OFFERED DAILY
TO STUDENTS**

Chef Salad

Tuna Sandwich

Tuna Salad

Cold Cut Sandwich

Chicken Salad

Extra Entrée: \$1.50	Extra Vegetable: .75	Extra Juice: .50	Extra Fruit: .75	Extra Milk: .50
----------------------	----------------------	------------------	------------------	-----------------

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.