



**Cross Roads Child Nutrition Services**  
 School Year 2021-2022  
 Grades Pre-K  
 Food Based Menu Planning  
 Serve

**Only 1% unflavored, Fat Free Unflavored can be served to Pre-K.**

Pre-K can only be served juice once per day over all meals.

Offer vs. Serve is not allowed for Pre-K.

**Menus subject to change**

Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 16-Aug. 20 Sept. 27- Oct. 1 Nov. 8-12 Jan. 10-14 Feb. 21-26 Apr. 11-15	Meatball Sub Spinach Baby Tomatoes Mixed Fruit Milk Variety	Enchiladas Spanish Rice Pinto Beans Corn Salsa Seasonal Fruit Milk Variety	Chicken Nuggets Mac and Cheese Green Beans Garden Salad Apple Slices Milk Variety	Pizza Choice Cali. Blend Veggie Red Pepper Strips Fresh Seasonal Fruit Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Oven Fries Baby Carrots Cinnamon Applesauce Milk Variety
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 23-27 Oct. 4-8 Nov. 15-19 Jan. 17-21 Feb. 28- Mar. 4 Apr. 18-22	Popcorn Chicken Roll Broccoli Bites Ranch Style Beans Fresh Seasonal Fruit Milk Variety	Tacos Spanish Rice Red Bell Peppers Refried Beans Salsa Peaches Milk Variety	Spaghetti Breadsticks Salad Cali. Blend Veggie Fruit Cup Milk Variety	Steak Fingers Roll & Gravy Mashed Potatoes Carrot Coins Strawberries Milk Variety	Hot Dogs Celery Sticks Oven Fries Orange Smiles Milk Variety
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 30- Sept. 3 Oct. 11-15 Nov. 29- Dec. 3 Jan. 24-28 Mar. 7-11 Apr. 25-29	Pizza Choice Baby Carrots Corn Fresh Grapes Milk Variety	Crispitos Cucumber Slices Pinto Beans Apples Milk Variety	Chicken Nuggets Kidney Beans Garden Salad Roll Pears Milk Variety	Taco Soup Garden Salad Combread Fresh Seasonal Fruit Milk Variety	Pulled Pork Sliders Oven Fries Green Beans Coleslaw Multi Grain Chips Chilled Pineapple Milk Variety
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 6-10 Oct. 18-22 Dec. 6-10 Jan. 31- Feb. 4 Mar. 21-25 May 2-6	Chicken Legs Broccoli Bites Roll Baked Beans Apples Milk Variety	Nachos Grande Refried Beans Salsa Baby Tomatoes Cucumber Slices Peaches Milk Variety	Corn Dogs Baked Beans Cucumber Slices Applesauce Cup Milk Variety	Asian Bowl Eggroll Garden Salad Fresh Seasonal Fruit Milk Variety	Chicken Sandwich Oven Fries Mashed Sweet Potatoes Mandarin Oranges Milk Variety
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 13-17 Oct. 25-29 Dec. 13-17 Feb. 7-11 Mar. 28- Apr. 1 May 9-13	Chicken Spaghetti Breadsticks Garden Salad Carrots Apple Slices Milk Variety	Walking Tacos Pinto Beans Garden Salad Fresh Seasonal Fruit Milk Variety	Chicken Tenders Texas Toast Gravy Broccoli Sweet Potato Fries Mixed Fruit Milk Variety	Country Fried Steak Gravy Mashed Potatoes Okra Roll Strawberries Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Oven Fries Baby Carrots Oranges Milk Variety
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 20-24 Nov. 1-5 Jan. 3-7 Feb. 14-18 Apr. 4-8 May 16-20	Pizza Choice Broccoli Baby Carrots Fresh Seasonal Fruit Milk Variety	Burrito Refried Beans Corn Fresh Seasonal Fruit Milk Variety	Bobcats Bowl Roll Green Beans Apple Slices Milk Variety	Chili Cheese Dogs Baked Beans Garden Salad Fresh Seasonal Fruit Milk Variety	Chicken Sandwich Oven Fries Baby Tomatoes Mandarin Oranges Milk Variety

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