



Cross Roads Child Nutrition Services
 School Year 2021-2022
 Breakfast Menu Pre-K-12
 Offer vs. Serve

Breakfast Menu
 *indicates menu items for Pre-K students.
 Pre-K can only be served juice once per day over all meals and snacks. Only unflavored 1% & fat-free milk can be served to Pre-K. Offer vs. Serve is not allowed for Pre-K.
Menus subject to change.
 Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 17-Aug. 21 Sept. 28-Oct. 2 Nov. 9-13 Jan. 11-15 Feb. 22-26 Apr. 12-16	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancake Wrap Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 24-28 Oct. 5-9 Nov. 16-20 Jan. 18-22 Mar. 1-5 Apr. 19-23	Pancakes Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Sunrise Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Oatmeal Cinnamon Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 31- Sept. 4 Oct. 12-16 Nov. 30- Dec. 4 Jan. 25-29 Mar. 8-12 Apr. 26-30	Sausage Kolache Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheese Omelet Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Waffles Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Donut or Donut Holes (*French Toast – Pre-K) Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 7-11 Oct. 19-23 Dec. 7-11 Feb. 1-5 Mar. 22-26 May 3-7	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Spice Muffins Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 14-18 Oct. 26-30 Dec. 14-18 Feb. 8-12 Mar. 29- Apr. 2 May 10-14	Waffles Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheesy Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Sausage, Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 21-25 Nov. 2-6 Jan. 4-8 Feb. 15-19 Mar. 5-9 May 17-21	Sausage Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Combo Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Waffles 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Cinnamon Roll (*Biscuit Pre-K) Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Only offered to:	KG-12th	KG-12th	KG-12th	KG-12th	KG-12th
Offered Weekly	WGR Cereal Variety Toast	WGR Cereal Variety Toast	WGR Cereal Variety Toast	WGR Cereal Variety Toast	WGR Cereal Variety Toast

**OFFERED DAILY
IN HIGH SCHOOL**

MUFFINS

POPARTS

**CEREAL &
GRAHAM CRACKERS**

PASTRIES

**CEREAL
BARS**

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