



Cross Roads Child Nutrition Services
 School Year 2018-2019
 Grades 9-12
 Food Based Menu Planning
 Offer vs. Serve

Offered daily: Salad Entrée Choice, ½ c. Fresh Fruit Bowl and/or ½ c. Assorted 100% Fruit Juice.

Second visit, all food items are À la carte price.

Student Lunch: \$2.40

Adult / Visitor Lunch \$3.50

Menus subject to change

Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 20-24 Oct. 1-5 Nov. 12-16 Jan. 14-18 Feb. 25-Mar.1 Apr. 15-19	Enchiladas Spanish Rice Charro Beans Seasoned Corn Salsa Sliced Seasonal Fruit Milk Variety	Meatball Sub Sandwich Potato Rounds Fresh Veggie Cup Mixed Fruit Milk Variety	Chicken Nuggets Mac and Cheese Savory Green Beans Garden Salad Apple Slices Milk Variety	Pizza Choice Seasoned Corn Red Pepper Strips or Tiny Tomato cup Fruity Gelatin Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Cucumber Slices Baby Carrots Cinnamon Applesauce Cookie Milk Variety
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug.27-31 Oct. 8-12 Nov. 26-30 Jan. 21-25 Mar. 4-8 Apr. 22-26	Steak Fingers Gravy Mashed Potatoes Carrot Coins Roll Strawberries Milk Variety	Spaghetti Bowl Breadsticks Garden Salad California Blend Veg. Fruit Cup Chocolate/Vanilla Pudding Milk Variety	Hot Dogs Celery Sticks Carrot Sticks Orange Smiles Brownie Milk Variety	Mexican Combo Plate Spanish Rice Mexicali Corn Refried Beans Salsa Peaches Milk Variety	Popcorn Chicken Roll Broccoli Bites Oven Fries Fresh Seasonal Fruit Milk Variety
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 3-7 Oct. 15-19 Dec. 3-7 Jan. 28- Feb.1 Mar.18-22 Apr. 29-May 3	Pizza Choice Baby Carrots Seasoned Corn Fresh Grapes Cookie Milk Variety	Frito Pie Fresh Veggie Cup Charro Beans Salsa Apple-Pineapple D'Lite Milk Variety	Chicken Nuggets Mashed Potatoes Garden Salad Tuscan Vegetables Roll Pears Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Oven Fries Baby Carrots Orange Smiles Milk Variety	Pulled Pork Sliders Coleslaw Multi Grain Chips Savory Green Beans Chilled Pineapple Milk Variety
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 10-14 Oct. 22-26 Dec. 10-14 Feb. 4-8 Mar. 25-29 May 6-10	Oven Roasted Chicken Broccoli Bites Roll Baked Beans Apple-Pineapple D'Lite Milk Variety	Nachos Grande Refried Beans Salsa Tiny Tomato Cup Cucumber Slices Peaches Lime Sherbet Cup Milk Variety	Chicken Sandwich Oven Fries Fresh Veggie Cup Mandarin Oranges Milk Variety	Asian Bowl Eggroll Garden Salad Fruity Gelatin Milk Variety	Pizza Choice Baby Carrots Crunchy Broccoli Salad Fresh Seasonal Fruit Brownie Milk Variety
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 17-21 Oct.29-Nov.2 Dec. 17-21 Feb. 11-15 Apr. 1-5 May 13-17	Country Fried Steak Gravy Mashed Potatoes Okra Roll Strawberry Cup Milk Variety	Comdogs Baked Beans Fresh Veggie Cup Applesauce Milk Variety	Chicken Tenders Texas Toast Gravy Broccoli Sweet Potato Fries Mixed Fruit Crispy Cereal Treat Milk Variety	Chicken Spaghetti Breadsticks Garden Salad Carrots Apple Slices Milk Variety	Fish Sticks Mac and Cheese Coleslaw Savory Green Beans Orange Smiles Milk Variety
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 24-28 Nov. 5-9 Jan. 7-11 Feb. 18-22 Apr.8-12 May 20-24	Texas Basket Fresh Veggie Cup Mixed Fruit Milk Variety	Asian Bowl Eggroll Garden Salad Fruity Gelatin Milk Variety	Chicken Fried Steak Sandwich Oven Fries Fresh Veggie Cup Mandarin Oranges Milk Variety	Country Pot Pie Broccoli Bites Fresh Veggie Cup Snowball Salad Milk Variety	Bobcat Bowl Roll Savory Green Beans Apple Slices Milk Variety

Extra Entrée: \$1.50 Extra Vegetable: .50 Extra Fruit: .50 Extra Milk: .50

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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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