



Cross Roads Child Nutrition Services
School Year 2018-2019
Breakfast Menu
Offer vs. Serve

Breakfast Menu

*indicates menu items for Pre-K students.

Pre-K can only be served juice once per day over all meals and snacks. Only unflavored 1% & fat-free milk can be served to Pre-K. Offer vs. Serve is not allowed for Pre-K.

Menus subject to change.

Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 20-24 Oct. 1-5 Nov. 12-16 Jan. 14-18 Feb. 25-Mar.1 Apr. 15-19	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancake Wrap Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Cinnamon Roll (*Biscuit Pre-K) Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug.27-31 Oct. 8-12 Nov. 26-30 Jan. 21-25 Mar. 4-8 Apr. 22-26	Pancakes Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Sunrise Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Oatmeal Cinnamon Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 3-7 Oct. 15-19 Dec. 3-7 Jan. 28-Feb.1 Mar.18-22 Apr. 29-May 3	Sausage Kolache Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheese Omelet Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Waffles Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Donut or Donut Holes (*French Toast – Pre-K) Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 10-14 Oct. 22-26 Dec. 10-14 Feb. 4-8 Mar. 25-29 May 6-10	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Spice Muffins Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 17-21 Oct.29-Nov.2 Dec. 17-21 Feb. 11-15 Apr. 1-5 May 13-17	Waffles Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheesy Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Sausage, Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 24-28 Nov. 5-9 Jan. 7-11 Feb. 18-22 Apr.8-12 May 20-24	Sausage Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Combo Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Waffles 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk

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