



Cross Roads Child Nutrition Services
 School Year 2017-2018
 Breakfast Menu
 Offer vs. Serve

Breakfast Menu
 *indicates menu items for Pre-K students.
 Pre-K can only be served juice once per day over all meals and snacks. Only unflavored 1% & fat-free milk can be served to Pre-K. Offer vs. Serve is not allowed for Pre-K.
Menus subject to change.
 Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 28-Sept. 1 Oct. 9-13 Nov. 20-24 Jan. 1-5 Feb. 12-16 Mar. 19-23 Apr. 30-May 1	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancake Wrap Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Cinnamon Roll (*Biscuit Pre-K) Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 4-8 Oct. 16-20 Nov. 27-Dec. 1 Jan. 8-12 Feb. 19-23 Mar. 26-30 May 7-11	Pancakes Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Sunrise Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Oatmeal Cinnamon Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 11-15 Oct. 23-27 Dec. 4-8 Jan. 15-19 Feb. 26-Mar. 2 Apr. 2-6 May 14-18	Sausage Kolache Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheese Omelet Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Waffles Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Donut or Donut Holes (*French Toast - Pre-K) Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 18-22 Oct. 30-Nov. 3 Dec. 11-15 Jan. 22-26 Mar. 5-9 Apr. 9-13 May 21-25	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Spice Muffins Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 25-29 Nov. 6-10 Dec. 18-22 Jan. 29-Feb. 2 Mar. 12-16 Apr. 16-20 May 28-31	Waffles Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheesy Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Sausage, Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oct. 2-6 Nov. 13-17 Dec. 25-29 Feb. 5-9 Mar. 19-23 Apr. 23-27	Sausage Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Combo Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Waffles 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk
Only offered to:	KG-12th	KG-12th	KG-12th	KG-12th	KG-12th
Offered Weekly	WGR Cereal Variety Toast	WGR Cereal Bar Yogurt	WGR Cereal Variety Toast	WGR Cereal Bar Yogurt	WGR Cereal Variety Toast
Only offered to:	6th-12th	6th-12th	6th-12th	6th-12th	6th-12th
Offered Weekly	Breakfast Round Yogurt Or Muffin & Yogurt	Breakfast Strudel Cheese Stick Or PBJ	Breakfast Parfait Or Muffin & Yogurt	Breakfast Crackers Cheese Stick Or PBJ	Breakfast Round Yogurt Or Muffin & Yogurt

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