ATHLETIC HANDBOOK



2014 - 2015

CROSS ROADS I.S.D. ATHLETIC HANDBOOK

Introduction

This handbook communicates important information concerning athletic policies and procedures to our parents and students. After reviewing this information, we ask that the parents and student sign the receipt page in the back of the Handbook and turn it into his/her head coach.

Anything not covered in this Athletic Handbook will be left to the judgment of the Athletic Director.

This **Athletic Handbook** coexists with, but is not intended to supersede or overrule, the **Cross Roads I.S.D. Discipline Management Plan and Student Code of Conduct**. If, for any reason, the two documents conflict, the latter mentioned shall preside. Any inconsistencies will be directed to the Superintendent.

It should be noted that different sports might have additional rules and regulations that go beyond what is listed in this athletic handbook. If such rules exist, they must be in writing and submitted to the athletes. All such rules must be submitted to the athletic director for approval.

ATHLETICS CLASS

Athletics is a state-approved course offered by Cross Roads I.S.D. Enrollment will include athletes participating in Volleyball, Football, Basketball, Track and Field, Softball, and Baseball. Students who participate only in Golf or Power lifting will not be enrolled in athletics. Those students will be required to only participate in practices before or after school. Students may receive credit by successfully completing the following basic requirements:

- 1. Attend class regularly and promptly. Students must participate in the actual class period. Students must be directly supervised by the coach and are not allowed to leave to go to another classroom, library, computer lab, etc. Please schedule make-up work and tutorials for other classes outside of the athletics class period.
- 2. Dress out every day in school-issued clothing and/or equipment. Students unable to physically participate are still required to dress out and participate mentally. (Some injuries may not allow the athlete to dress out. If there is a question, the Head Coach will make the decision on the athlete dressing out or not for workout).

ELIGIBILITY

Academic Eligibility

In the area of academics, a good athlete becomes a good student. The character and competitiveness of the athlete should carry over into the classroom. The athletes must plan their schedule so that they give sufficient time and energy to their studies to ensure acceptable grades.

In addition to maintaining good grades, an athlete should give respectful attention to classroom activities and show respect for faculty and other students at all times. Athletes can be positive leaders at school as well as in athletic competition.

The athlete must meet the UIL guidelines to be eligible for competition. They must meet standards of residence, credits toward graduation, age limits, and class schedule to be eligible for varsity competition. At any level they must meet the no pass no play expectations. They must pass all courses to be eligible unless otherwise specified by the UIL or TEA. Students failing a course will be ineligible for competition for three weeks. Ineligible athletes, however, are still allowed to practice.

The athletes will be solely responsible for their grades. Athletes with a 75 or below grade during grade checks or failed the previous grade report will be targeted for a variety of techniques to improve their grade status. These techniques could include mandatory tutorials. If an athlete misses tutorials, it will be treated as an unexcused absence.

If a student-athlete repeatedly (three 6 weeks in a school year) is ineligible to participate due to failing classes, that student-athlete may be dismissed from the athletic program.

School Attendance

Cross Roads I.S.D. local policy requires athletes to attend three of the four core subjects (math, science, English, social studies) class periods to be eligible to participate in a game or competition that day. Students enrolled in less than four core subjects must attend all of their core classes to be eligible. Well-patient visits (eye check, teeth cleaning, etc.) documented to the office with a note from the doctor's office do not apply to this rule.

School Suspension

Any athlete placed in ISS or AEP for any reason will not be allowed to participate in any extracurricular activity until they have been reinstated by the school administration.

RULES AND REGULATIONS

Practice and Game Attendance

It is the obligation and responsibility of team members to attend all scheduled practices, meetings, and games regularly and on time. Practice times will be scheduled and announced.

The head coach or coach on staff should be notified immediately when an unavoidable conflict arises with a practice or a game. If a coach is notified before the workout, then the coach will decide if the reason for absence is excused. If the coach is not notified prior to the workout it will be an unexcused absence. If there is a question as to whether it is excused or not, the Athletic Director will make the decision. Any unexcused absence will result in a one game suspension.

Try not to make appointments on our time unless it's an emergency. If you miss, you must make up the workout just like an academic class unless the absence is for another school function. The make-up will need to be made up before the next athletic competition. If your attendance or tardiness becomes a problem, you may be subject to suspension or removal from the program.

Being late is considered a <u>tardy</u>. Each tardy will be defined as excused or unexcused. The athlete will be disciplined for an unexcused tardy. Any team member who arrives late to practice or who leaves early is disruptive to the team's improvement and game plan. It is very important that individual athletes are not pulled out of a team practice until the practice concludes.

If an athlete brings a non-doctor's note (parent written), the note is good for one day. If the note is for multiple days, then the injury or sickness is bad enough that the athlete will not be released to participate until a doctor's note is provided. Athlete will still be required to attend practices and games unless it is a sickness that is contagious.

Cross Roads I.S.D. has an "open practice" policy and encourages parents of our student/athletes to make at least one practice. However, this policy restricts observers to a "spectator only" role.

Practice and Game Attire

All athletes are required to wear school-issued equipment and clothing at all practices. Students must learn to be organized and prepared, as they will not be allowed to go home to get practice gear or game uniforms.

Athletes that are injured or unable to participate in a practice are still required to suit out and pay attention to the mental aspects of the workout. (Some injuries do not allow for the athlete to dress out. If there is a question, the Head Coach will make the decision if the athlete is required to dress out or not for workout).

Failing to wear appropriate workout clothes or forgetting a game uniform will result in reminders to be determined by the head coach.

Tobacco, Alcohol, and other Drugs

It is a violation of athletic policy for Cross Roads I.S.D. athletes to use or possess alcohol, illegal drugs, drug paraphernalia, or tobacco products. Violations of this nature reported by a (coach, school administrator, or law enforcement official) will be investigated by the athletic director and/or coaching staff. Consequences for a confirmed violation are listed in the Cross Roads extracurricular random drug testing policy in the appendix in the back of this handbook.

Cross Roads I.S.D. also has an extracurricular random drug testing policy. Specifics of this policy can be found in an appendix in the back of this handbook. Any confirmed violation of the drug testing policy or a reported violation is accumulative throughout an athlete's career in the Cross Roads I.S.D. athletic program. Example- First violation in the 8th grade, another violation in the 10th grade would be a second offense. See district drug testing policy FNF (local) for consequences of violations.

Poor Attitude

An athlete may be suspended for all or part of a sports season for demonstrating behavior that is detrimental to the team. Suspensions will be dealt with on an individual basis. What is best for the team, first and foremost, and then what is best for the individual athlete will be the approach of the Athletic Department. Examples of unacceptable behavior include, but are not limited to:

- 1. Inappropriate language
- 2. Unwilling or lazy attitude
- 3. Disrespect to the coaching staff
- 4. Fighting
- 5. Negative effect on team morale

Unsportsmanlike Behavior

Any athlete participating in an athletic event who flagrantly violates the rules of good sportsmanship should be removed from the rest of the game immediately by the coach regardless of the action taken by game officials. Example (technical foul in basketball for language, fighting etc...)

An athlete that continues to receive penalties for unsportsmanlike behavior is subjected to be removed from the team and or the athletic program.

Procedure for Ouitting a Sport

Commitment to being a Bobcat or Lady cat is one of the most valuable lessons learned in athletics. Quitting violations will be kept as an accumulative total for the duration of the athlete's career in the Cross Roads I.S.D. athletic program.

If an athlete quits a sport and wants to remain in athletics they will go directly to off season. They will not go to the offseason of the next sport.

If an athlete quits a sport during district he will sit out of the # of district games he misses going into the next sport. Football will be x2 since we only play a team once in district.

Example: If a kid quits football during district with 3 games to go he will sit out the first 6 games of the next sport he plays

Example # 2: If a kid quits during district basketball with 7 games to go he will sit out 7 games of the next sport he plays

There will be an exception with track/ golf due to number of meets. Athletic Director will determine how many meets he or she will miss.

Most kids that quit are going to quit early in the season. We don't want any of ours quitting, but we sure don't want them quitting during district play.

If a kid continues to quit he is subjecting him or herself to be removed from athletics.

Equipment and Uniforms

Team uniforms, warm-ups, and equipment are the property of Cross Roads I.S.D. and must be treated with care. Any clothes issued by Cross Roads ISD will not be allowed to be taken home at any time. There will be a daily wash schedule and athletes will be responsible for following those rules. Do not use any equipment or protective gear that is no longer safe or functional. Ask for a replacement.

All athletes must return their uniforms and equipment to their coach no later than seven (7) days from their last game or competition. Theft, loss, or damage of any equipment is the athlete's financial obligation.

Cost for LOST clothes:

Workout Clothes (shorts/shirts) - \$10 each Sweats (Top/Bottom) - \$20 each

No athlete will be allowed to check out any equipment or uniform for another sport until payment for missing or destroyed equipment is made. Award recognition, letter jackets, and the privilege of registering for classes may also be withheld until all uniforms and equipment are returned.

Locker Room

Locker rooms are provided for athletes changing into practice or game attire. Back packs or school supplies are allowed during athletic workouts. Specific locker and locker room guidelines will vary from season to season. Specific expectations will be announced to the athletes. It is the responsibility of the athletes, not the coaches or janitors, to throw away trash, pick up equipment, and keep the locker room clean.

Please lock up all valuables every day. Ask a coach for a combination lock if you do not have one or asked them to keep the item(s) in the office. Cross Roads I.S.D. is not responsible for any loss or theft in the locker room. Be on the safe side; do not leave cash, jewelry, or anything of value in the locker room.

Quite often, certain locker rooms will be off limits due to visiting teams using them during our home games. Please be sure to remove your items on time and clean up for our guests.

Personal Appearance and Conduct

Cross Roads Bobcats and Lady Bobcats are quite often the only contact that many people in other communities have with our school. Appearance, expressions, and actions always influence opinions of our athletes, teams, and our school. It is expected that Cross Roads I.S.D. athletes will conduct themselves in a manner that will be positive for our school. Our student/athletes will:

- 1. Respect fellow teammates, coaches, managers, and school officials.
- 2. Respect our opponent's team, coaches, managers, and school officials.

- 3. Respect all officials, umpires, referees, etc.
- 4. Display desirable behavior, desirable language, cooperative and polite attitudes, and great sportsmanship in and out of the arena of competition.
- 5. Be well-groomed and dressed appropriately at all games and contests.

All athletes representing Cross Roads I.S.D. should establish and maintain a high standard of appearance at all times. Athletes must follow the student dress code and grooming policy as outlined in the Cross Roads I.S.D. Discipline Management Plan and Student Code of Conduct. The head coach of each sport will establish attire guidelines for the team.

Team Travel

The school will provide transportation for away contests. All participants will ride to the competition and it will be the Head Coach's decision if he/she will require athletes to ride home on the bus. In some situations athletes may be expected to travel together to and from a contest.

If it is mandatory to ride home on the bus there are exceptions that may be made only if the procedures below are followed or situations occur.

- 1. Students may be released to their own parent/guardian with parent/guardian notification to the coach. A Parent/guardian may only take their own child. This situation is only allowed if the bus is passing through or near the town the child lives in. For Example, if a student lives in Athens, and the game is played in Brownsboro, then a child will be able to ride home with their parent/guardian. If the game is in Kerens, and you live in Athens, then the child will ride the bus home.
- 2. EMERGENCY SITUATIONS WILL BE THE HEAD COACH'S DISCRETION.
- 3. A parent/guardian must make a written request to release their child to another specifically designated adult. An adult is a person who has reached the age of 21. The Head Coach should be made aware prior to game day and have written documentation.
- 4. The parent/guardian or designated adult must present himself/herself to the coach after the game and, if requested, furnish identification.
- 5. If there will be "permanent" car pool arrangements, then written notification from all parties must be on file.

Team Buses

Be on time and be ready for the bus. Be appropriately dressed. Please keep the noise to a minimum and remain seated at all times. No metal spikes should be worn on buses. Please do not leave valuables and expensive items on the bus. Restrict food and beverages to reasonable amounts. Pick up your trash and help clean the bus when arriving back at school.

Hazing

No athlete at any time, by means of practical jokes, initiation rites, horseplay, etc., will humiliate any fellow athlete. The Cross Roads I.S.D. Athletic Department will not tolerate hazing in any form.

No one has to "earn his or her way" on to a team by submitting to ridicule from other members of the team. It is the duty of each team member to discourage this behavior.

Athletes found guilty of hazing will be disciplined according to the Cross Roads I.S.D. Discipline Management Plan and Student Code of Conduct.

Media Relations

The school or coach cannot control the content of sports stories and photos. The press does not guarantee accuracy in quoting or equal coverage. If interviewed, protect your credibility by giving facts in a straightforward, honest, and sincere manner. After an emotional game, it is necessary to handle the press in a patient manner. Avoid criticism of the officials and opponents. Give teammates credit whenever possible. Be aware of the fact that what you say reflects not only on yourself, but also on your team, school, and community.

College Athletic Scholarships

High school coaches **do not "GET"** scholarships for their athletes. Athletic scholarships from various universities and colleges are offered to high school athletes whose talents and grades are exceptional. It must be understood that the philosophical intent of the high school athletic program is NOT to guarantee college athletic scholarships to its participants. Please contact the Counselor's Office for any information regarding scholarships or grants.

ATHLETIC LINES OF COMMUNICATION

Parent/Coach Relationship

Both parenting and coaching are difficult vocations. By establishing lines of communication and understanding each position, we are better able to accept the actions of the others and provide greater benefit to children. As parents, when your children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communication parents should expect from coaches:

- 1. Expectations the coach has for your child as well as all the players on the team.
- 2. Locations and times of all practices and contests.

We would like to ask parents to be as prompt as possible in picking up their athletes.

- 3. Team requirements (fees, special equipment, etc.)
- 4. Procedure should your child be injured during athletic participation.
- 5. Discipline that result in the denial of your child's participation.

Communication Coaches Expect from Players:

- 1. Notification of any schedule conflict well in advance.
- 2. Specific concerns in regard to a coach's philosophy and/or expectations. (It is important to understand that there may be times when things do not go the way the athlete wishes. At these times, a discussion with the coach is encouraged.)

Appropriate Issues to Discuss with Coaches:

- 1. Treatment of your child.
- 2. Ways to help your child improve.
- 3. Concerns about your child's behavior.

Issues Not Appropriate to Discuss with Coaches:

- 1. Team strategy
- 2. Play calling
- 3. Other student-athletes

Parent/Coach Conference Procedure

If you have a concern to discuss with a coach, please follow this procedure below:

- 1. Allow a 24 hr. period before setting up an appointment. Please do not attempt to confront a coach before, during, or after a contest or practice. (This can be an emotional time for both the parent and the coach. Meetings of this nature do not promote resolution. Productive meetings require calm, rational attitudes in a private setting.)
- 2. Call the athletic department to set up an appointment with the head coach during his/her conference period the next school day.
- 3. If you are not satisfied with your conference with the head coach, you may then call to set up an appointment with the Athletic Director.
- 4. After discussing the issue with the head coach and the Athletic Director, you may then contact the Superintendent if you feel the situation has not been justly attended to. Call 903-489-2001.
- 5. Any decision of the Superintendent may then be appealed to the Board of Trustees.
- 6. Athletic Director will be in on all conferences. Athletic Directors number is 903-489-0272

Parent/Spectator Sportsmanship

~ BEHAVIOR EXPECTATIONS OF SPECTATORS ~

Remember that you are at the contest to support and yell for your team, and to enjoy the skill and competitionnot to intimidate or ridicule the other team or its fans.

Remember that school athletics are a learning experience for students and that mistakes are sometimes made. Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people, just as you would praise a student working in the classroom.

A ticket is a privilege to observe the contest, not a license to verbally assault others or be generally obnoxious.

Learn the rules of the game, so that you may understand and appreciate why certain situations take place.

Show respect for the opposing players, coaches, spectators and support groups.

Respect the integrity and judgement of game officials. Understand that they are doing their best to help promote the student-athlete, and admire their willingness to participate in full view of the public.

Recognize and show appreciation for an outstanding play by either team.

Refrain from the use of any controlled substances (alcohol, drugs, etc.) before, during, and after the game on or near the site of the event (i.e. tailgating).

Use only cheers that support and uplift the teams involved.

Be a positive role model at events through your own actions and by censuring those around you whose behavior is unbecoming.

Parents and spectators should be aware that the school can (and should) remove them from the premises and can prohibit them from attending future contests due to undesirable behaviors.

Game officials can ask that school administrators have unruly fans removed from a contest facility.

There is no such thing as a "right" to attend interscholastic athletics. Interscholastic athletics are considered a "privilege" and the spectator who avails themselves of it is expected to conduct himself or herself accordingly.

Keep in mind that you are a guest of the school, and that while winning is certainly an admirable goal, it is hollow if it comes at the expense of morals, ethics, and just plain common sense.

The school is responsible for the behavior of their spectators. The school district can be and will be punished for actions of patrons in violation of UIL standards and rules.

Any violation to the behavior expectations outlined above, by any spectator, will be deemed punishable by the school district. Meetings with the superintendent will be required before a spectator can be permitted back to athletic contests if they have been removed by an official or an administrator.

HEALTH ISSUES

Athletic Physical Examinations

No student/athlete shall be eligible to practice or play a school sport until they have passed an adequate physical examination and have it on file. The UIL physical form must be completed and signed by a licensed physician, a parent or legal guardian, and the student. Cross Roads I.S.D. local policy requires student/athletes that are entering the 7th, 9th, 11th grades are required to get a physical. Students may use their own physician or attend the sports physical day offered

locally.

Injury

The potential for injury is inherent in all interscholastic sports. Even with the best coaching, the most advanced protective equipment, and a strict observance of rules, injuries can happen. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate the risk. Parents and students must be willing to accept the risks associated with school sports.

Athletes should report all injuries to the coach and to the athletes' parents. Please remember that coaches are neither doctors nor athletic trainers. They can make suggestions and give advice, but they are not certified to diagnose, treat, and release athletes from injury. The coaching staff does have direct access to sports medicine personnel and facilities. This system gives the athlete the most effective diagnosis and treatment available. If an athlete is seriously injured, he/she must have a doctor's release before continuing practice or competing in athletic contests.

If an athlete brings a non-doctor's note (parent written), the note is good for one day. If the note is for multiple days, then the injury or sickness is bad enough that the athlete will not be released to participate until a doctor's note is provided.

HB 2038 is relating to prevention, treatment, and oversight of concussions affecting public school students participating in interscholastic athletics. We have adopted the UIL protocol for handling concussions.

Insurance

A supplementary insurance plan is provided by the school district for high school and junior high school athletes. It insures the athletes while participating in school athletic activities. It most often will not cover the total cost of a doctor's bill. Athletes are advised to have other insurance.

Cross Roads I.S.D. offers parents the opportunity to purchase "at school" insurance policies for their children. Forms will be available for these policies at registration for interested families.

The combination of parental and school insurance plans has been very effective in covering the reasonable and customary costs of athletic medical expenses. All Cross Roads I.S.D. athletes are covered by the school's supplemental policy. However, all claims must first be submitted to the individual's personal insurance carrier. Once the parent's primary carrier has assigned its benefits, the school's supplemental plan will review the claim and pay only the usual and customary portion of the balance of the medical expenses not provided or reimbursed by the parent's insurance.

In order to expedite payment of claims, parents of students who have sustained an injury as a result of athletics should obtain a claim form from the head coach or athletic director as soon as possible. Remember, filing claims is the parent's, not the school's responsibility.

AWARDS

Letter Awards

Athletes will receive, upon the head coaches' recommendation, an athletic letter award at the completion of their first varsity year in a particular sport after their sophomore year. Therefore, only Juniors and Seniors are eligible to receive a letter jacket. If budgetary conditions allow, students will receive one jacket with one varsity letter during their high school career. The school will not provide varsity letters for every sport or patches for every championship. Student-athletes must order and purchase these items themselves.

Listed below are the criteria to letter for each sport. The head coach, however, has the prerogative to issue or withhold a letter award for extenuating circumstances, such as injuries, value to a team without meeting playing time quotas, team violations, etc. Coaches must provide documentation of these circumstances to the Athletic Director.

All athletes in all sports must meet the following requirements in order to be eligible for a letter award:

- 1. Must complete the entire scheduled season in the lettering sport in good standing.
- 2. Must turn in or pay for all equipment and uniforms used in all sports.
- 3. Not been suspended from any games due to violations of team rules and regulations.

Varsity Letter Criteria

Football: participate in one half (50%) of the scheduled varsity football games.
 Volleyball participate in one half (50%) of the scheduled varsity volleyball games.
 Basketball: participate in one half (50%) of the scheduled varsity basketball games.

4. Track: participate in two (2) meets and the district meet.

5. Golf: participate in two (2) tournaments and the district meet.

6. Baseball: participate in one half (50%) of the scheduled varsity baseball games.
7. Softball: participate in one half (50%) of the scheduled varsity softball games.

Qualifying for the playoffs or beyond district competition in any of the above sports will also earn a varsity letter.

Emergency Plan

Cross Roads I.S.D.

Address: 14434 FM 59 **Phone:** (903) 489- 2001

Malakoff, Texas 75148

Directions: From Athens:

1. 12 miles Southwest on FM 59

From Malakoff:

1. 9 miles south on FM 3441

Closest Telephone locations:

1. Athletic Directors office in the gym.

- 2. Boy's coaches office in the gym.
- 3. Girl's coaches office in the gym.

EMERGENCY PLAN

- 1. Dial 9-1-1
- 2. Request assistance at: Cross Roads High School, 14434 FM 59 Malakoff (903) 489-2001
- 3. Emergency personnel can access:
 - a) Football stadium, basketball gym, track from FM 59 or FM 3441.
 - b) Baseball and softball field- from 59 about 1 mile Northeast of High school.

The closest full service medical facility is **East Texas Medical Center of Athens** 2000 South Palestine in Athens. Phone number is (903) 676-1000. If someone other than the ambulance transports:

- 1. Call (903) 676-1000 and let the Emergency Room know the athlete is on the way and give a general description of the injury.
- 2. The hospital is located at the intersection of Palestine Drive and Loop 317 in Athens.

After the condition of the athlete has been determined call:

Bo Martin, Athletic Director Work (903) 489-1275

CROSS ROADS ISD ATHLETIC DEPARTMENT DRUG TESTING POLICY

All students participating in athletics for Cross Roads ISD and their parents shall sign a form consenting to random testing throughout the school year for illicit drugs. For this purpose, abuse of prescription drugs shall be included.

A student's refusal to participate in the drug-testing program shall result in suspension from the athletic

program. Each student who is selected for testing shall:

- 1. Complete a specimen control form that bears an assigned number.
- 2. Give notice, in advance of testing, of any prescription medications being taken.
- 3. Provide a urine specimen for substance screening. Collection and handling of all specimens shall be in accordance with administrative guidelines.

In the case of inconclusive test results, a hair sample may be taken for retest in a time requested by the test administrator at district expense.

Cross Roads ISD 107904 STUDENT RIGHTS AND RESPONSIBILITIES FNF INTERROGATIONS AND SEARCHES (LOCAL) 1 of 5 FNF(LOCAL)-X Administrators, teachers, and other professional personnel may question a student regarding the student's own conduct or the conduct of other students. In the context of school discipline, students have no claim to the right not to incriminate themselves. For provisions pertaining to student questioning by law enforcement officials or other lawful authorities, see GRA(LOCAL). Desks, lockers, and similar items are the property of the District and are provided for student use as a matter of convenience. Lockers and desks are subject to blanket searches or inspections by District administrators. Searches or inspections may be conducted at any time and without notice. Students shall be fully responsible for the security and contents of desks or lockers assigned to them. Students shall make certain that lockers are locked and that the keys or combinations are not given to others. Students shall not place or keep in a desk or locker any article or material prohibited by law, District policy, or the Student Code of Conduct. Students shall be held responsible for any prohibited items found in their desks or lockers. Students shall be fully responsible for the security and contents of vehicles parked on school property. Students shall make certain that their parked vehicles are locked and that the keys are not given to others. Students shall not place or keep in a vehicle on school property any article or material prohibited by law, District policy, or the Student Code of Conduct. If there is reasonable cause to believe that a vehicle on school property contains contraband, it may be searched by school officials or by personnel whose services have been engaged by the District to conduct such searches. Students shall be held responsible for any prohibited items found in their vehicles on school property. If a vehicle subject to search is locked, the student shall be asked to unlock the vehicle. If the student refuses, the District shall contact the student's parents. If the parents also refuse the search, the District may contact local law enforcement officials and turn the matter over to them, or the District may conduct the search. The District shall use specially trained nonaggressive dogs to sniff out and alert officials to the current presence of concealed prohibited items, illicit substances defined in FNCF(LEGAL), and alcohol. This program is implemented in response to drug- and alcohol-related problems in District schools, with the objective of maintaining a safe school environment conducive to education, INTERROGATIONS BY SCHOOL OFFICIALS BY POLICE OR OTHER AUTHORITIES SEARCHES DESKS AND LOCKERS VEHICLES USE OF TRAINED DOGS

Cross Roads ISD 107904 STUDENT RIGHTS AND RESPONSIBILITIES FNF INTERROGATIONS AND SEARCHES (LOCAL) 2 of 5 FNF(LOCAL)-X Such visits to schools shall be unannounced. The dogs shall be used to sniff vacant classrooms, vacant common areas, the areas around student lockers, and the areas around vehicles parked on school property. The dogs shall not be used with students. If a dog alerts to a locker, a vehicle, or an item in a classroom, it may be searched by school officials. Searches of vehicles shall be conducted as described above. At the beginning of the school year, the District shall inform students of the District's policy on searches, as outlined above, and shall specifically notify students that: 1. Lockers may be sniffed by trained dogs at any time. 2. Vehicles parked on school property may be sniffed by trained dogs at any time. 3. Classrooms and other common areas may be sniffed by trained dogs at any time when students are not present. 4. If contraband of any kind is found, the possessing student shall be subject to appropriate disciplinary action in accordance with the Student Code of Conduct. The District requires drug testing of any

student in grades 6–12 who chooses to participate in school-sponsored extracurricular activities or requests a permit to park a vehicle on school property. School-sponsored extracurricular activities for which testing is required include all UIL and other extracurricular activities. A student participating in these activities or requesting a parking permit shall be tested for the presence of illegal drugs and alcohol at the beginning of each school year. In addition, students shall be randomly tested throughout the school year. The purposes of the drug-testing program are to prevent injury, illness, and harm resulting from the use of illegal and performanceenhancing drugs or alcohol; help enforce a drug-free educational environment; deter student use of illegal and performance-enhancing drugs or alcohol; and educate students regarding the harm caused by the use of illegal and performance-enhancing drugs or alcohol. The District shall provide each parent and student a copy of the drug-testing policy and consent form prior to the student's participation in an affected activity or receipt of a parking permit. NOTICE MANDATORY DRUGTESTING PROGRAM COVERED ACTIVITIES SCOPE PURPOSE DISTRIBUTION OF POLICY

Cross Roads ISD 107904 STUDENT RIGHTS AND RESPONSIBILITIES FNF INTERROGATIONS AND SEARCHES (LOCAL) 3 of 5 FNF(LOCAL)-X The District shall conduct meetings with parents and interested student participants prior to the beginning of the fall practice period. District employees shall explain the drug-testing program, review the policy and consent form, and provide an educational presentation on the harmful effects of drug and alcohol abuse. Student attendance at the orientation meeting is mandatory; however, parent attendance is not required. Before a student is eligible to participate in extracurricular activities or to receive a parking permit, the student shall be required annually to sign a consent form agreeing to be subject to the rules and procedures of the drug-testing program. If the student is under the age of 18, the student's parent or guardian shall also sign a consent form. If appropriate consent is not given, the student shall not be allowed to participate in extracurricular activities or to receive a parking permit. Drug test results shall be used only to determine eligibility for a parking permit and participation in extracurricular activities. Positive drug test results shall not be used to impose disciplinary sanctions or academic penalties. Nevertheless, nothing in this policy shall limit or affect the application of state law, local policy, or the Student Code of Conduct. A student who commits a disciplinary offense shall be subject to consequences in accordance with the Student Code of Conduct. Drug test results shall be confidential and shall be disclosed only to the student, the student's parents, and designated District officials who need the information in order to administer the drug-testing program. Drug test results shall not be maintained with a student's academic record. Results shall not be otherwise disclosed except as required by law. The Board shall contract with a certified drug-testing laboratory to conduct testing of students' urine samples. Testing laboratories shall not release statistics regarding the rate of positive drug tests to any person or organization without consent of the District. The District shall make available to students and parents a list of the exact substances for which tests will be conducted. Personnel from the drug-testing laboratory shall collect urine samples under conditions that are no more intrusive than the conditions experienced in a public restroom. When selected for testing, a stuORIENTATION MEETINGS CONSENT USE OF RESULTS CONFIDENTIALITY TESTING LABORATORY SUBSTANCES FOR WHICH TESTS ARE CONDUCTED COLLECTION PROCEDURES

Cross Roads ISD 107904 STUDENT RIGHTS AND RESPONSIBILITIES FNF INTERROGATIONS AND SEARCHES (LOCAL) 4 of 5 FNF(LOCAL)-X dent shall be escorted to the school's testing site by a District employee and shall remain under employee supervision until the student provides a sample. A student shall produce a sample within a closed restroom stall. A District employee of the same gender as the student shall be present when any samples are collected. Random tests shall be conducted on as many as six dates throughout the school year. No less than five percent and no more than 20 percent of the students participating in the program shall be randomly selected for each random test date. The drug-testing laboratory shall use a random selection method to identify students chosen for random testing. Students shall not receive prior notice of the testing date or time. A student who refuses to be tested when selected or who is determined to have tampered with a sample shall be deemed to have a positive test result and shall be subject to the appropriate consequences depending on previous positive test results, if any. If a student is absent on the day of the random test, a sample shall be collected on the next random testing date. An initial positive test shall be confirmed by a second test of the same specimen before being reported as positive. Upon receiving results of a positive drug test, the District shall schedule a meeting with the student, the student's parent if the student is under the age of 18, the campus principal, and the coach or sponsor of the extracurricular activity, as applicable, to review the test results and discuss consequences. The student or parent shall have three school days following the meeting to provide a medical explanation for a positive result. If the student wishes to return to participation in extracurricular activities or have a parking permit reinstated after any

applicable consequences, the student must be retested at the end of the period of suspension and have a negative test result; following that, the student shall be retested on the next random test date so long as the student wishes to participate in extracurricular activities or park a vehicle on school property. The District shall notify the parent and student of drug and alcohol abuse prevention resources available in the area. Consequences of positive test results shall be cumulative through the student's enrollment in the District. RANDOM TESTING REFUSAL TO TEST OR TAMPERING CONFIRMATION OF POSITIVE RESULTS RETESTING DRUG ABUSE PREVENTION CONSEQUENCES

FNF (LOCAL)

Cross Roads ISD 107904 STUDENT RIGHTS AND RESPONSIBILITIES FNF INTERROGATIONS AND SEARCHES (LOCAL) 5 of 5 FNF(LOCAL)-X Upon a first offense of receiving a confirmed positive drug test, a student shall be suspended from any extracurricular activity for the next two events, contests, competitive activities, or performances, and the student's parking permit shall be suspended for 30 school days following the date the student and parent are notified of the test results. During the period of suspension, the student may participate in practices but not in any competitive activities or performances. Upon a second offense of receiving a confirmed positive drug test, a student shall be suspended from any extracurricular activity, and the student's parking permit shall be suspended, for 180 calendar days following the date the student and parent are notified of the test results. During the period of suspension, the student may participate in practices but not in any competitive activities or performances. Upon a third offense of receiving a confirmed positive drug test, a student shall be suspended from all participation in any extracurricular activities, and the student's parking permit shall be suspended, for the remainder of the student's enrollment in the District. A student or parent may appeal a decision made under this policy in accordance with FNG(LOCAL). The student shall be ineligible for participation in extracurricular activities or reinstatement of parking privileges while the appeal is pending. FIRST OFFENSE SECOND OFFENSE THIRD OFFENSE APPEALS

CROSS ROADS ISD ATHLETIC DEAPRTMENT DRUG TESTING AUTHORIZATION

ATH L ET E' S NAME (please print)

PARENT/GUARDIAN NAME (please print)
ADDRESS
PHONE NUMBER
I acknowledge that I have received a copy of the Cross Roads ISD athletic department drug testing policy. I recognize and understand that I will be a part of the athletic department's drug testing policy, which is under the guidance of a professional drug-testing program. I agree that I will not refuse to take any such test, nor otherwise dispute the athletic department's right to conduct any such test(s) on me.
Listed below are the prescription drugs and dosages I take on a regular basis:
I do not take any prescription drugs on a regular basis.
STUDENT SIGNATURE
PARENT/CHARDIAN SICNATURE

RECEIPT OF CROSS ROADS I.S.D. ATHLETIC HANDBOOK

Athlete's Name
I have received a copy of the Cross Roads I.S.D. Athletic Handbook. I understand that al athletes will be held accountable for the information outlined in this handbook.
Athlete's Signature
Parent's Signature
Date